



Activities

We offer a variety of sporting and non-sporting activities at our summer schools.

Treasure Hunt

The treasure hunt is scheduled to take place on arrivals day and is aimed at those students arriving early. Students are given a list of questions that they must answer. In order to do this they must explore the campus to find the answers to the questions.

Students are given a question sheet and an answer sheet. They are instructed that they must participate in groups of at least four. They are also informed that in order to win they must answer the most questions correctly in the shortest time. All completed answer sheets are to be given to the Leisure Manager. The winners and the prize will be announced during assembly.

Welcome Disco (Homecoming Dance)

The welcome disco is scheduled for the evening of Day 1 and is the perfect way for all students (new and old) to meet each other. The disco is operated by an external company with experience in dealing with young people. Students are allowed to request specific songs from the DJ but should bear in mind that the music played will be that that is popular in America at the time of the disco.

There are no other scheduled activities for the evening of Day 1 as we expect all students to attend the disco.

The themes for the Welcome Discos are as follows:

- **International** – students are encouraged to dress in a manner that best represents the country they are from
- **Best Dressed** – the best dressed students will be decided at the Disco

Dance Classes

Dance classes offer students the opportunity to learn or practice a dance, typically the Salsa. During these classes we encourage students to teach/demonstrate a dance typical to their country such as Zumba in Brazil. Activity Leaders are also keen to show students dances customary to the United States, including line dancing.

Movie Making

Students are given a choice of subjects about which they must make a short film (2 minutes maximum). They will be supervised by an Activity Leader who has experience of movie making and editing.

The completed movies will be premiered at assembly for students and staff to vote for their favourite. The winning short film will be shown during the Certificate Ceremony where the producer will be awarded a prize.

Carnival

The LAL carnival is a series of silly but fun games providing students with the opportunity to participate in quintessential American activities such

as apple bobbing, slip and slide and culminating with some brave LAL staff members receiving cream pies in the face.

Open-air Movie Night

This activity is reminiscent of a drive-in movie. Students watch a movie (recently released) that is projected on to the side of a building providing an American twist on the movie going experience.

A Minute to Win It

Students compete in teams undertaking 1 minute challenges such as a student having 1 minute to move a cookie from their forehead into their mouth, without using their hands or dropping the cookie. The winning team are awarded a prize during the certificate ceremony.

Karaoke Night

Students will have the opportunity to show off their singing skills or just sit back, relax and enjoy nice performances from other students.

Cookies

Cookies are the voucher system we use at LAL Summer Schools US. They are used as a great incentive in class and during activities and excursions. There are several ways that students can earn cookies:

- Teachers can give them as prizes



for class competitions

- House Parents can occasionally give them as prizes for keeping rooms tidy etc.
- Activity Leaders can occasionally give them as prizes for sports or other activities

Like US currency Cookies are in 5,10,20 and 50 denominations.

Cookies will be used towards the end of each two-week course at the Casino and Auction Night (see above).

Casino Night

Throughout their stay students will have the opportunity to earn 'fake money (cookies)' for good behaviour in their accommodation, participation in class and activities etc. The 'cookies' are to be used to be used during Casino night. On top of the earned 'cookies' all students are given an allowance before entering the 'casino'.

Casino night involves a number of games for students to bet on such as poker, roulette, Jenga etc. At the end of the night students spend their winnings bidding for prizes in an Auction (the aim of the auction is to collect all the 'cookies'). The auction includes prizes such as pizza and a DVD night and the top prize is having the center manager serve the winning students food in the cafeteria.

Photography Scavenger Hunt

Students are asked to form groups and are given a worksheet of pictures they must take. For example one of the pictures requires the participants to wear as many items of clothing as possible (the more eclectic, the better). Photos are submitted to a staff member and the best set of photos wins a prize.

Trash Bag Fashion Show

Students will be given a trash bag that they need to turn into an outfit to wear. They will then show off their outfit on the catwalk. Students will vote on the best outfit. The winner will be posted on facebook.

Speed Dating

Speed Dating is designed to allow students to get to know each other in a relaxed and safe environment. Students will have a set of ice-breaker type questions to ask each other and a limited amount of time in which to do so.

Talent Show

The talent show is an opportunity for students to showcase any talents they may have such as singing, dancing or playing an instrument. In the run up to the talent show students will have the opportunity to rehearse under the supervision of an Activity Leader.

All students are expected to attend the talent show as they are an essential component of the judging process. The winner will be decided by a panel of LAL staff and in the event of a tie the audience will be asked to decide the winner.

The winner will be awarded a prize during the certificate ceremony.

Blingo

Blingo is simply bingo but for valuable prizes, the term is a combination of Bingo and Bling. Students participating will have the opportunity to win prizes such as a full-day optional excursion which sells for USD 150.

Flag American Football

Flag American Football is a safe and easy way to introduce students to the most popular of American sports. Participants wear a coloured flag in their waistband and instead of using tackling as a way to gain possession of the ball students are instructed to remove an opposing player's flag.

Certificate Ceremony

The certificate ceremony is the culmination of a students stay and is scheduled to take place the night before they leave. Students are given their end of course certificate and report. All prizes are awarded at the certificate ceremony.

Prom Night

Prom night is a quintessential American rite of passage for

teenagers. Prom, short for promenade, is a semi-formal dance. The highlight of which is the crowning of Prom Queen and King as voted by the student body. Students are expected to dress up in semi-formal attire, typically a gown for girls and a shirt and tie for boys. It is also traditional to 'take a date'.

Student Prom Committee

Each class will vote a student onto the Student Prom Committee for each two week period. The Student Prom Committee will be responsible for organising the prom (they will have a budget for decorations), choosing the theme and organising the crowning of the prom Queen and King.

Free Time

For those evenings where we have not organised one main social activity students will be given free time. All free time will be supervised by an LAL staff member who will happily help students organise an activity if that is how they want to spend their free time.

LAL will provide a limited amount of sports equipment for students to borrow:

- Soccer balls
- American football
- Frisbees
- Basketball

Our Leisure Program follows a particular format allowing us to offer one main social activity each evening to encourage students to interact in an environment where English is the lingua franca.

Having one focal social activity per evening better facilitates one of the goals of our summer schools which is to marry the Leisure and Academic programs together. Students are introduced to that evening's main activity in the classroom so as to increase their understanding and ensure their participation.

This document offers a description of all the included activities and some of the sports that non-Americans may not be familiar with. We hope you will share this document with your clients as we strongly believe that increased understanding will lead to increased participation.